



*Sick Cities*  
*or*  
*Healthy Habitats*

Facing the Healthcare  
Challenges of  
Global Urbanization

*Royal Tropical Institute Amsterdam*

OCTOBER 16<sup>th</sup> 2013

# PRELIMINARY PROGRAMME

# 3

Three key questions run as a red line throughout the symposium:

**'WHERE ARE WE NOW?'**

State-of-the-art insight into key issues in international Urban Health

**'WHERE DO WE WANT TO GO?'**

Understanding and facing urban challenges

**'WHAT DO WE STILL NEED TO KNOW?'**

Persisting gaps in researching these issues

9.00 - 9.30	<b>Registration and coffee</b>	
9.30 - 9.45	Welcome by Ankie van den Broek chair NVTG	
9.45 - 10.30	'Global Health Issues in an Urbanising Century' keynote by <b>Arnoud Verhoeff</b>	
10.30 - 11.00	<b>Coffee / tea break</b>	
11.00 - 11.45	'Changing times, changing populations and changing needs' keynote by <b>Arpana Verma</b>	
11.45 - 12.15	'Environmental health in African cities: tackling the scourge of urban air pollution' keynote by <b>George Kimathi</b>	
12.15 - 13.30	<b>Lunch</b>	
13.30 - 14.45	<b>Uniting Streams</b> Scientific research presentations	<b>Uniting Streams</b> Scientific research presentations
	<b>GGD Amsterdam</b> 'Sex in the city'	<b>KIT case study</b> 'Value chains for urban nutrition: case-study slums of Kisumu, Kenya' Albertien van der Veen
14.45 - 15.00	<b>Short coffee / tea 'stop'</b>	
15.00 - 16.15	<b>Uniting Streams</b> Scientific research presentations	<b>Uniting Streams</b> Scientific research presentations
	<b>TROIE</b> 'Tropical doctor in town'	<b>KIT case study</b> 'Living just enough, just enough for the city: being young and positive in Kenyan urban settings' Anke van der Kwaak
16.15 - 17.00	Ceremony honouring this year's Eijkman laureate	
17.00 - 18.00	<b>Drinks</b>	

## BACKGROUND

Half of world's population now lives in an urban environment, of which an estimated one billion in informal settlements and slums – a trend which is set to continue still further throughout the coming decades. People's health in such urban settings is greatly influenced by social determinants such as poor/cramped housing conditions, unsafe working conditions, lack of access to clean water and decent sanitation, altered dietary and behavioural habits and social exclusion. On the other hand, cities can provide opportunities such as access to income and services. In low- and middle-income countries (LMICs), however, urban populations are doubly burdened by on the one hand novel medical issues such as cardiovascular and other welfare diseases, trauma, alcohol- & drug-abuse and psychiatric problems and on the other hand persisting exposure to 'classical' infectious diseases.

The symposium '**Sick Cities or Healthy Habitats**' aims to untangle the complex interplay of factors affecting urban health, with a specific focus on urbanisation in LMICs. Together with renowned scientists in the field, we will identify knowledge gaps and propose the forthcoming research agenda. The day will conclude with the honouring of an innovative researcher with the Eijkman Medal, named after Nobel prize winner Prof Dr Eijkman who was among the first in the tropical medicine field to link (socially-determined) dietary factors and health.

## PROGRAMME OUTLINE

In the plenary **MORNING** programme **Arnoud Verhoeff** – Professor of Urban Health and Health Care at University of Amsterdam and head of the Epidemiology Department of the Public Health Services Amsterdam (GGD Amsterdam) – will provide an overview of current trends in urban health in his keynote 'Global Health Issues in an Urbanising Century'. In her subsequent keynote 'Changing times, changing populations and changing needs', **Arpana Verma** – MD and Director of MUCH, Manchester Urban Collaboration on Health at the University of Manchester, and president of the European Public Health Association section on Urban Health – will focus on linking health indicators, risk factors and the wider determinants of health to help understand the urban challenges to health. The third keynote will be delivered by **George Kimathi** – Programme Manager Environmental Health, AMREF Kenya – titled: 'Environmental health in African cities: tackling the scourge of urban air pollution'.

The **AFTERNOON** programme consists of scientific presentations in the **Uniting Streams** sessions; case study presentations in the **KIT** sessions; an investigation into the profile of a 'Tropical doctor in town' organised by **TROIE**; and a focus on 'Sex in the city' in the session hosted by the **GGD Amsterdam/ Public Health Services Amsterdam**. The day will conclude with the presentation of the **Eijkman Medal** to this year's laureate.

## REGISTRATION

**Early online registration** (until October 9<sup>th</sup>): [www.nvtg.org](http://www.nvtg.org). Note that the early registration fee is only valid for participants who have completed payment before October 9<sup>th</sup>; after that date the late registration fee will be charged.

**Late registration** (after October 9<sup>th</sup>): online at [www.nvtg.org](http://www.nvtg.org) or at the symposium information desk on October 16<sup>th</sup>, 2013.

REGISTRATION FEES (EUROS)	ONLINE EARLY REGISTRATION	LATE REGISTRATION (ON-SITE)
NVTG-members	70	75
Students	45	55
Other participants	80	85

### Payment options

- By transferring the correct amount to account number (IBAN) NL30INGB0000125774 (BIC) ING-BNL2A of the NVTG, clearly stating your name and 'Symposium 2013'
- By giving permission to the NVTG to withdraw the correct amount from your own account

## CALL FOR ABSTRACTS (UNITING STREAMS SESSIONS)

During the afternoon programme two sets of parallel sessions will be reserved for oral presentations selected from submitted abstracts. Researchers of all seniority, including (PhD) students, are invited to submit abstracts describing original field research in any subject of International Health, including but not limited to: urban health, chronic & welfare-related diseases, sexual and reproductive health and rights (SRHR), poverty-related diseases (malaria, HIV, TB, etc.), neglected tropical

diseases, medical sociology/anthropology, entomology, health economics, health policy and health systems research.

Abstracts should be submitted in English. Oral presentations will be selected on the basis of abstract quality. An abstract form is available online at [www.unitingstreams.com](http://www.unitingstreams.com). Please send completed forms to [unitingstreams@gmail.com](mailto:unitingstreams@gmail.com) before September 13<sup>th</sup>, 2013.

LANGUAGE  
English

DIRECTIONS  
to Royal Tropical  
Institute:  
[www.kit.nl/contact](http://www.kit.nl/contact)

## PARTICIPANTS

NVTG members / Researchers and professionals in Urban Health and Tropical Medicine & International Health / Students of International Health and/or Medicine and tropical doctors in training / (Staff) members of KIT, GGD Amsterdam and NGOs working in International Health

## ORGANISERS

Netherlands Society of Tropical Medicine and International Health (NVTG) / Uniting Streams (US), Public Health Services of Amsterdam (GGD Amsterdam) / Royal Tropical Institute (KIT) / Tropical Doctors in Training (TROIE) / Eijkman Medal Foundation